



SQUAD TRAINING TIMES
(As from 14th June 2009)

AGE GROUP DEVELOPMENT 1 **3.0hrs**

Coaches: Ian Smithson; Jonathan Woodford

Tuesday	18:00 – 19:00	New Earswick
Saturday	10:00 – 11:00	New Earswick
Sunday	16:00 – 17:00	New Earswick

AGE GROUP DEVELOPMENT 2 **4.0hrs**

Coaches: Pauline Richards; Bob Hunt; Daniel Richards

Monday	18:00 – 19:00	New Earswick
Wednesday	19:00 – 20:00	New Earswick
Saturday	11:00 – 12:00	New Earswick
Sunday	16:30 – 17:30	Yearsley

JUNIOR DEVELOPMENT **4.5hrs**

Coaches: John Fox; Helen Taylor

Wednesday	20:00 – 21:30	New Earswick
Friday	20:30 – 21:30	St. Peter's School
Saturday	13:00 – 14:00	New Earswick
Sunday	15:30 – 16:30	Yearsley

JUNIOR PERFORMANCE **6.0hrs**

Coaches: Helen Recchia

Monday	19:00 – 20:00	New Earswick
Tuesday	20:30 – 21:30	St. Peter's School
Thursday	19:30 – 20:30	New Earswick
Saturday	12:00 – 13:00	New Earswick
Sunday	15:30 – 17:30	Yearsley

SERNIOR PERFORMANCE

8.5hrs

Coaches: James Richards; Martin Richards; Mick Oliver

Monday	19:30 – 20:00	New Earswick
Monday	20:00 – 21:30	New Earswick
Wednesday	20:30 – 21:30	The Mount School
Thursday	19:15 – 20:15	Joseph Rowntree
Thursday	20:30 – 21:30	New Earswick
Saturday	07:30 – 09:00	New Earswick
Sunday	15:30 – 17:30	Yearsley