

New Earswick Swimming Club ASA Gala Entry Information For Swimmers

The ASA (Amateur Swimming Association) is the governing body of amateur swimming in the UK and under their rules ASA galas (or meets) are held by local swimming clubs. The “**ASA meets calendar**” for 2008 is posted on the club notice board on the balcony.

As a Club we want to encourage your entry into ASA galas at a level appropriate to you. If you are interested in taking part please talk to your coach or have a chat with the gala entry secretaries about being part of the NESC gala team for these meets. They give you the opportunity to swim against swimmers at your level from other clubs in the region, learning from your experiences to become a better swimmer and enjoy competing.

How do I enter an ASA gala?

Details of each gala will be posted on the club notice board on the balcony. Look out for sheets going up with details. These will tell you what events are included in each meet in terms of boys and girls, age category, distance and stroke. Get into the habit of checking the board regularly for the latest information. Next steps:

1. Check the date and ensure you are available and note it on your calendar/diary. (Payment is required with your entry and once you have entered this is typically not refundable unless your entry is not accepted due to cut-off times, late entry or the gala being full.)
2. Select the events - distance & stroke - that you wish to enter and check your own personal best times against the entry criteria. For “graded” galas you will be asked to be “not faster than” a particular time for your age group; galas intended for those close to national qualifying times will require you to have swum faster than the stated “consideration times” for each event.
3. Complete an NESC “ASA gala entry slip”. Enter your most recent personal best times and ensure that you enter the details carefully. Keep a copy for yourself.
4. Attach a cheque for the total amount (made payable to NESC - with your name and the meet details written on the back please!) to your completed entry slip.
5. Place these together into the plastic “Gala Entries” box on the balcony. Ensure you post your entry sooner rather than later, and no later than the stated deadline. Entries to these galas have to be placed early in order to secure places - typically 3 to 5 months in advance - as they can fill up quickly. Meets are organized by the relevant swimming club’s volunteers in their spare time: no late entries allowed.

If you are interested but have some queries have a chat with your coach and other swimmers. Transport is not provided by the Club but car-shares can be arranged and a Club coach is usually on poolside at each event to support and encourage our swimmers. We will do our best to help you if you ask. Enjoy competing!

Nicky Proctor
&
Trevor Fligg